



# Fit Behavior

*Personal Fitness*



**JOIN US FOR  
OUR  
FALL HIKE**

## **HIKE DETAILS**

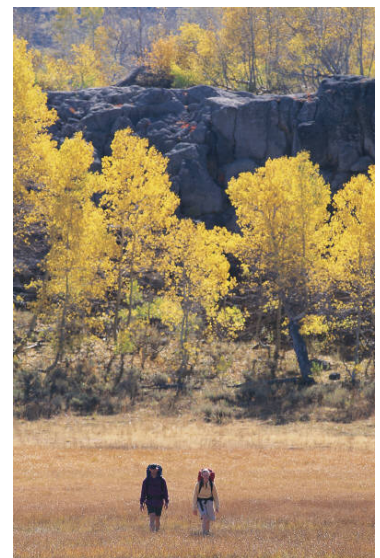
**What:** West Hartford Reservoir. Start at Fit Behavior in Rocky Hill and drive over as a group or by yourself. The hike will be 2 hours. It will be an intermediate pace. Bring water

**Includes:** Snack and participants get a Free 30 fit pass (value \$17.50)

**Cost:** \$15.00 – bring a friend (non Fit Behavior Client) for free or split the cost.

**When:** Saturday Sept. 11th Meet in Rocky Hill 10:45AM.

**Deadline :** Sept. 9th. Call or email to sign up.



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